



2024 FULL DAY SUMMER PROGRAM MONDAY JULY 29 – FRIDAY AUGUST 2

For players born **2011-2017**

GROUP 1

2011-13

Monday July 29	830am-330pm
Tuesday July 30	830am-330pm
Wednesday July 31	830am-330pm
Thursday August 1	830am-330pm
Friday August 2	830am-330pm

GROUP 2

2014-17

Monday July 29	830am-330pm
Tuesday July 30	830am-330pm
Wednesday July 31	830am-330pm
Thursday August 1	830am-330pm
Friday August 2	830am-330pm

SAMPLE DAY

GROUP 1

8:30-9:50	On Ice
9:50-11:20	Off Ice Puck Skills
11:30-12:15	Lunch
12:30-1:50	On Ice
2:00-3:20	Off Ice Training/Games
3:30	Pick Up

SAMPLE DAY

GROUP 2

8:30-9:50	Off Ice Puck Skills
9:50-11:20	On Ice
11:30-12:15	Lunch
12:30-1:50	Off Ice Training/Games
2:00-3:20	On Ice
3:30	Pick Up

Cost: \$600 plus HST = \$678

ROTARY PLACE ARENA ORILLIA

Appropriate skill grouping to make skill development a challenge at the appropriate level.

All programs are designed to develop and enhance the skill level of any player, from beginner to elite.

LIMITED SPACE for LOW COACH TO PLAYER RATIO

Spots are only held with registration form and payment.

For more information or to register your child please contact:

Mike Torkoff

Next Level Sports PERFORMANCE

Phone: 705-717-1771

Email: mike@nlsp.ca

Website: www.nlsp.ca

PAYMENT METHODS

Email registration form and ETransfer funds to: mike@nlsp.ca

Mail registration & cheque payable to Next Level Sports Performance to: PO Box 197, Washago, ON L0K2B0